

Understanding and knowledge of safe firearms practices and integration of self-defense tactics promotes respect and safety for individuals and those around them.

Defensive Tactics

Shepherds Tactical

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Defensive Tactics Course Overview

At Shepherds Tactical, our mission is to equip everyday individuals with essential self-defense skills, ranging from basic to advanced techniques. While our tactics may draw from disciplines like jiu-jitsu or martial arts, our focus is on providing practical training programs aimed at helping individuals evade or de-escalate threats rather than engaging in physical confrontation. We understand that combat can be physically and mentally exhausting, often resulting in defeat for the untrained individual.

Therefore, our approach emphasizes the importance of creating distance from potential threats and seeking assistance. We recognize that self-defense training is often overlooked for everyday people such as parents, children, educators, joggers, and delivery personnel. Our goal is to bridge this gap by empowering individuals with the knowledge and skills to defend themselves effectively.

In addition to techniques for creating distance and seeking help, we also offer instruction on close-quarters combat for situations where escape is not immediately possible. Our comprehensive training covers a range of scenarios, including how to evade and counter physical attacks to escape potentially life-threatening situations. With our guidance, individuals can develop confidence in their ability to protect themselves and others, enhancing their overall safety and security.

Beginner Defensive Tactics Course

Our beginner defensive tactics course is tailored to provide everyday individuals with essential skills to navigate potentially threatening situations. Through a comprehensive curriculum, participants learn basic techniques focused on creating distance from danger and seeking assistance effectively. By mastering these foundational skills, individuals gain the confidence and knowledge needed to enhance their personal safety in various real-world scenarios.

Lesson includes:

- Proper stance
- Situational Awareness
- Creating Distance
- Basic step movements
- Basic strike movements
- Getting help

If there is a specific question you have, or something specific you would like to learn, please contact us so we can add it to your lesson.

Beginner Price:

1 hour	\$50
2 hours	\$75
3 hours	\$100

The 1st hour will be \$50. Each consecutive hour following up to 3 hours is an additional \$25.
This will be repeated for each scheduled session.

You will be required to bring a form of ID and you must fill out our required forms before training can begin. Contact us with any questions.

Intermediate Defensive Tactics Course

Our intermediate self-defense tactics course offers a deeper exploration of defensive techniques, catering to individuals seeking to refine their skills. Participants delve into various striking techniques, footwork drills, and strategies for escaping locks and holds. Additionally, the course provides instruction on applying basic pressure points for effective control and defense. By mastering these intermediate-level techniques, participants enhance their ability to defend themselves in diverse situations, further empowering them to navigate potential threats with confidence and proficiency.

Note You will be required to pass an assessment covering basic defensive tactics knowledge before you can begin an intermediate course.

Lesson includes:

- Intermediate stepping technique
- Open and closed hand strikes
- How to escape locks and holds
- Begin identifying pressure points
- Using command voice

If there is a specific question you have, or something specific you would like to learn, please contact us so we can add it to your lesson.

Intermediate Price:

1 hour	\$50
2 hours	\$75
3 hours	\$100

1st hour will be \$50. Each consecutive hour following up to 3 hours is an additional \$25.
This will be repeated for each scheduled session.

You will be required to bring a form of ID and you must fill out our required forms before training can begin. Contact us with any questions.

Advanced Defensive Tactics Course

If you've already mastered the fundamentals of beginner and intermediate defensive tactics and are eager to advance your skills, consider enrolling in our Advanced defensive tactics course. This course encompasses an extensive array of high-level training. From dynamic movements to advanced striking techniques, the curriculum is designed to elevate skills to the next level. Participants engage in scenario-based training, simulating real-world situations to sharpen their decision-making and response capabilities. With a focus on continuous improvement, this course equips individuals with the advanced tools and techniques needed to effectively protect themselves in any situation.

Note You will be required to pass assessments covering basic and intermediate defensive tactics knowledge before you can begin an advanced course.

Lesson includes:

- Dynamic movements
- Advanced striking techniques
- Joint locks and manipulation
- Advanced pressure points
- Scenario-based training
- Multiple Attackers
- Defense against weapons
- High-pressure simulation

If there is a specific question you have, or something specific you would like to learn, please contact us so we can add that to your lesson.

Advanced Price:

3 hours	\$100
4 hours	\$150
5 hours	\$200

1st hour will be \$100. Each consecutive hour following up to 5 hours is an additional \$50. This will be repeated for each scheduled session.

You will be required to bring a form of ID and you must fill out our required forms before training can begin. Contact us with questions.

Child and Family Lessons:

We're delighted to extend our services to encompass group defensive tactics training for your family. If you're interested in ensuring that your entire family learns healthy self-defense practices that are tailored to your collective needs, please reach out to us. We'll be happy to discuss pricing options and set up a lesson plan that aligns with your family's requirements.

We recognize the paramount importance of self-defense concerning children. That's why we take pride in providing specialized defense training courses tailored specifically for young learners. Pricing for these courses is determined based on the specific learning needs and requirements of your child. Please don't hesitate to contact us to discuss the details and pricing options further.